

## Four Patch Posey Quilt

This is an interesting way to use your fabric – making the print of your fabrics look completely different! This class will give you step-by-step instructions on how to cut and sew your fabric to make an amazing quilt.

1. Choose your fabric. Suggested prints that work well for this technique:

- Bold, bright prints
- Novelty prints
- Graphic prints
- Prints outlined in black or another dark color
- Variety of colors in the print

Prints to avoid:

- Light or muted prints
- Small prints
- Stripes
- Prints with low contrast in color
- Fabric with a lot of background vs. print

All fabric has a pattern repeat that you can see as you look at the selvage edge of the yardage. ***You will need at least 4 repeats of the fabric.*** This will be referred to as your focus fabric. **SEE PHOTO A**

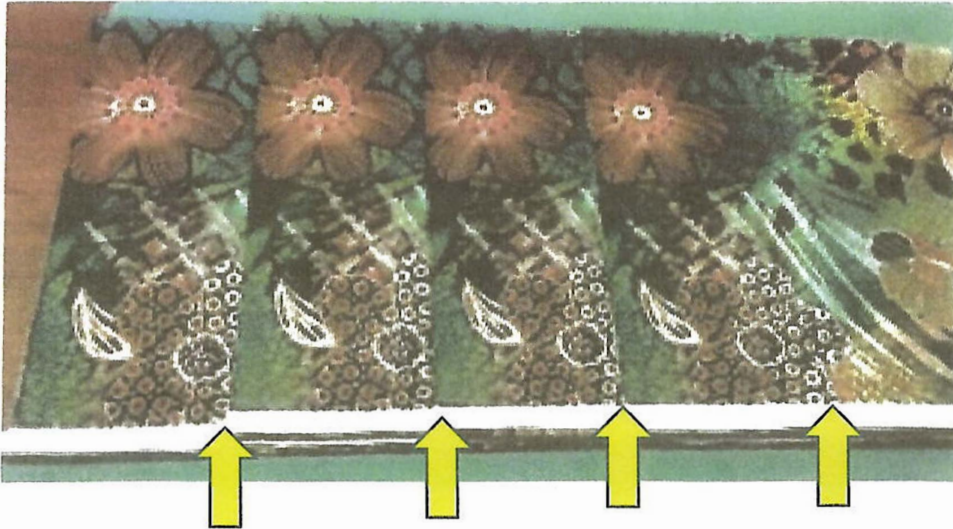
**PHOTO A**



2. Cut your fabric along the fold. You now have 2 long strips of your focus fabric.
3. Take one of your strips of focus fabric and find a repeat print along the selvage edge. This will be the spot that you will use to cut your 4 strips to make your 4 Patch Posey identical squares. Place a pin at the 4 repeat prints.

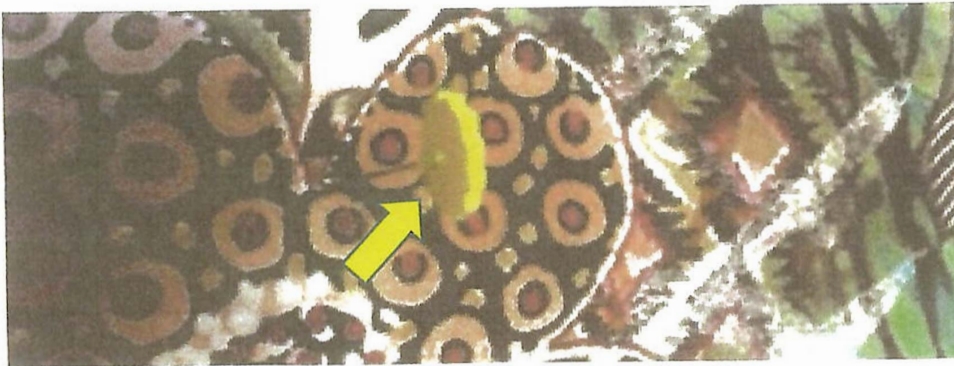
4. Place your ruler at your repeat print, noting additional prints the ruler lays against up to the cut edge. This will help to ensure identical strips for the lining up process. Remove the pin and cut your fabric. Repeat at the 3 remaining pins marking your repeat print until you have 4 identical cuts of your focus fabric. **SEE PHOTO B**

**PHOTO B**



5. Stack your 4 cuts of focus fabric on top of each other, lining up pattern repeats on top of each other as you go. You will have 4 layers of cut identical fabric.
6. Find a pattern along the selvage edge of the stack of 4 layers. Take a pin and place it at a pattern spot on layer one. Choose the center of a flower, point of a leaf, etc. Poke the pin at the same spot through all 4 layers. Leave the pin standing straight up. **SEE PHOTO C**

**PHOTO C**





7. Repeat at the cut end of the focus fabric. You will now have 2 pins stuck through all 4 layers of fabric. Pick up the four layers of fabric by the shafts of these pins on both sides of the fabric (the sharp pin side and head of the pin). Hold up your fabric by the 2 pins so that the rest of the fabric hangs down. Gently jiggle the fabric stack and gravity will help to roughly line up the hanging fabric. *NOTE: If your fabric strips seem to stick together, you may need to shake a little more vigorously.*
8. Carefully lay the four layers of fabric back on the table. Wiggle each pin so that it stands up straight in the fabric. Place additional pins along the cut edge, again lining up at a repeat print to help secure that section. Pinning this way will help prevent the layers of fabric from shifting out of alignment.
9. Now you will need to decide what size you would like your blocks to be. The size of your print on the fabric and length of the repeats will help you to determine your square size. Larger scale prints will produce better results cut at a larger size, while medium scale prints look better cut smaller. Cut strips at the width you decided on (3", 3.5", etc.) *NOTE: Keep in mind that you will be sewing a 4 patch, and you may need to trim your blocks before sewing your quilt top together. You may want to cut your strips a little larger to accommodate the trimming.*
10. Lay the fabric stack that you have lined up and pinned onto the cutting mat and gently smooth it, being careful not to poke yourself on the pins. Line up one of the selvage edges up with a line on the mat and carefully remove the pins along this selvage edge, being careful not to shift the fabric stack. Trim this selvage edge off through all four layers using your rotary cutter. **SEE PHOTO D**

**PHOTO D**



11. Once you have your strips cut, begin cutting the strips into squares at whatever measurement you chose for your fabric. *NOTE: Be careful while cutting the squares that the layers of fabric don't shift.*

12. As you cut your squares, pin the 4 layers of identical fabric together. Each stack of four identical squares will be sewn together to make your 4 Patch Posey block.

13. **NOW THE FUN BEGINS!** Take one set of 4 cut squares you have pinned together, and place on the table. Place the 4 cut squares with the same print in the center. Now rotate the 4 squares  $\frac{1}{4}$  clockwise to see another way these fabrics will look sewn together. Each 4 squares of identical fabric will make 4 different looks! **SEE PHOTO E** Repeat steps 3 – 13 with the remaining cut of fabric. *NOTE: Choose a different repeat pattern to help ensure a variety of 4 Patch Posey blocks.*

### PHOTO E

